

CURRICULUM OFFER: (PSHCE)

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| Subject | PSHCE – Personal, Social, Health and Citizenship Education |
| Intent | <p>The aim is to equip students with the skills, knowledge and understanding to prepare them for real life situations concerning their personal / social lives and health. The emphasis is on learning how to make safe choices for yourself and others. The curriculum is based around the three core areas that are covered in the PSHE Association's recommended Programme of Study:</p> <ul style="list-style-type: none"> • Health and Wellbeing • Relationships • Living in the Wider World <p>In Key Stage 3 topics include:</p> <ul style="list-style-type: none"> • Diet, exercise and healthy lifestyles • Mental health and emotional wellbeing • The risks of alcohol, tobacco and other substances • Prejudice and discrimination (including radicalisation and extremism) • Relationships and Sex education including puberty and growing up • Careers education • Financial education – managing your money • Personal safety – weapons awareness, road safety, gangs, crime, online safety • Law, rights and responsibilities – being a good citizen (including British Values) • “Risk Avert” programme (www.risk-avert.org) <p>In Key Stage 4 we build on the learning in Key Stage 3 as follows:</p> <p>AQA Personal and Social Education Award / Certificate</p> <ul style="list-style-type: none"> • Healthy Lifestyles • Drugs Education • Relationships and Sex Education • Personal Action Planning • Emotional Wellbeing • Personal Finance • Relationships, Behaviours and Practices in the Workplace • Personal Safety • Being a Critical Consumer • Introduction to Diversity, Prejudice and Discrimination • Making Informed Career Choices • Applying for Jobs and Courses (including CV writing and Interview Preparation) <p>Prince's Trust – Career Planning</p> <p>Key Stage 4 students also have input from the following other agencies and sources to support the Careers Education, Information, Advice and Guidance (CEIAG) programme:</p> <ul style="list-style-type: none"> • Careers Mentoring from the DWP • Apprenticeship support from Essex County Council • Connexions Careers Interviews / IAG support from Essex County Council • Make Happen workshops, visits and support • Career Ready workshops • Barclays Life Skills |

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| <p>Implementation</p> | <p>The curriculum is organised in a “spiral” structure so that students’ prior knowledge is constantly being built upon in an age-appropriate way as they return to topics every year and extend their knowledge and understanding along the way. We use information from both the “SHEU” and “Risk Avert” surveys to inform the areas of priority.</p> <p>Key Stage 3: Individual topics are taught and assessed by PSHCE subject teachers. There is a Curriculum Overview which allocates certain topics per half term, but subject teachers may choose to deviate from this if they feel a student is in need of some particular curriculum content e.g. RSE, Drugs Education, CSE education etc. Students complete a self-evaluation sheet for each topic, which relates to “Doddle Steps”.</p> <p>Key Stage 4: All of the AQA Personal and Social Education units are coursework based and assessed at either Entry Level, Level 1 or Level 2. Students must complete 4 units in order to gain the Award, and 7 units to achieve the Certificate. The Prince’s Trust “Career Planning” unit is also coursework based and students must complete an Application Form, Letter of Application, CV and attend a Practise Interview in order to achieve the qualification at either Entry Level, Level 1 or Level 2. Students complete a self-evaluation sheet for each topic, which relates to “Doddle Steps”.</p> |
| <p>Impact</p> | <p>In Key Stage 3, the emphasis is on equipping students with the knowledge, skills and understanding to make safe choices in order to “live life well”.</p> <p>In Key Stage 4, the aim is to ascertain and build on their prior knowledge from Key Stage 3, develop and extend it. There is a strong focus on preparing students for their next steps post-16, and on developing employability skills, but students also have plenty of Health and Wellbeing input, including age-appropriate RSE.</p> |
| <p>Accreditations</p> | <p>AQA Award / Certificate in Personal and Social Education – Entry Level, Level 1 or Level 2 Prince’s Trust Award – Entry Level, Level 1 or Level 2</p> |
| <p>Enrichment opportunities</p> | <p>We try to involve as many outside agencies as is relevant and appropriate, including:</p> <ul style="list-style-type: none"> • School Nurse - sexual health, smoking cessation, healthy lifestyles • Children’s Society (EYPDAS) – drugs awareness and support, risky behaviours • Claire Bridger (Health Outreach Worker, Basildon Council) • PS Esther Howitt (Weapons Awareness) • YOT (Youth Offending Team) • Essex County Council Road Safety Roadshow • Essex Fire Service talks • College Taster Days • Connexions • DWP Careers Mentoring • Career Ready • Make Happen • Workplace visits • Apprenticeship support |

**Opportunities to
teach
Safeguarding**

Safeguarding runs through every aspect of PSHCE education. Subject staff are aware that the nature of our curriculum content can be conducive to students making disclosures or sharing concerns, and so are alert to this at all times as well as ensuring that we are aware that some topics can be sensitive to certain students.

We are constantly aiming to equip students with the knowledge and skills that will enable them to handle situations they may encounter in real life where they could make safe or unsafe choices, such as in the areas of online safety, radicalisation and extremism, consent, CSE and in peer on peer relationships.

We ensure that as part of learning in PSHCE, students are aware of sources of support that they can access if they feel that they or others are at risk or in danger.