

**CURRICULUM OFFER: (PSHCE & Careers)**

<p><b>Subject</b></p>	<p>PSHCE (Personal, Social, Health and Citizenship Education) and Careers</p>
<p><b>Intent</b></p>	<p>The aim is to equip students with the skills, knowledge and understanding to prepare them for real life situations concerning their personal / social lives and health. The emphasis is on learning how to make <b>safe choices</b> for themselves and others. The curriculum is based around the three Core Themes that are outlined in the PSHE Association Programme of Study:</p> <p> <ul style="list-style-type: none"> <li>• <b>Health and Wellbeing</b></li> <li>• <b>Relationships</b></li> <li>• <b>Living in the Wider World</b></li> </ul> </p> <p>All statutory components are included in our Curriculum Overview, as well as most of the additional elements recommended by the PSHE Association.</p> <p>In <b>Key Stage 3</b> topics include:</p> <ul style="list-style-type: none"> <li>• Transition</li> <li>• Diet, exercise and healthy lifestyles (including puberty and FGM)</li> <li>• Mental health and emotional wellbeing</li> <li>• The risks of alcohol, tobacco and other substances</li> <li>• Diversity and discrimination (including radicalisation and extremism)</li> <li>• Relationships and Sex education (including online relationships)</li> <li>• Careers education – developing skills and aspirations, setting goals</li> <li>• Financial education – managing your money</li> <li>• Digital literacy</li> <li>• Employability skills</li> <li>• First Aid</li> <li>• Personal safety – weapons awareness, road safety, gangs, crime, online safety</li> <li>• Law, rights and responsibilities – being a good citizen (including British Values)</li> <li>• “Risk Avert” programme (<a href="http://www.risk-avert.org">www.risk-avert.org</a>)</li> </ul> <p>In <b>Key Stage 4</b> we build on the learning in Key Stage 3 as follows:</p> <ul style="list-style-type: none"> <li>• Mental Health and Emotional Wellbeing</li> <li>• Communication in Relationships (including contraception and sexual health)</li> <li>• Exploring Influence (drugs, gangs, role models and the media)</li> <li>• Addressing extremism and radicalisation</li> <li>• Family Life</li> <li>• Preparing for the World of Work</li> <li>• Next Steps – applying for jobs and courses</li> <li>• Building for the Future – self-efficacy, stress management</li> <li>• Financial Decision Making</li> <li>• Healthy Relationships</li> <li>• Independence – responsible health choices including First Aid</li> </ul>

	<p><b>Qualifications in Key Stage 4:</b></p> <p><b>Year 10 - NCFE / CACHE Level 1/2 Awards</b></p> <ul style="list-style-type: none"> <li>• Sexual Health Awareness</li> <li>• Equality and Diversity</li> </ul> <p><b>Year 11 – Prince’s Trust Award (Entry Level 3 / Level 1 / Level 2)</b></p> <ul style="list-style-type: none"> <li>• Career Planning</li> <li>• Money Management</li> </ul> <p>Key Stage 4 students also have input from the following other agencies and sources to support the Careers Education, Information, Advice and Guidance (CEIAG) programme:</p> <ul style="list-style-type: none"> <li>• Careers Mentoring from the DWP</li> <li>• Apprenticeship support from Essex County Council and AIM Apprenticeships</li> <li>• Connexions Careers Interviews / IAG support from Essex County Council</li> <li>• Career Ready</li> <li>• Make Happen</li> <li>• Barclays Life Skills</li> <li>• Morrisby</li> <li>• CSS Careers Fair</li> </ul>
<p><b>Implementation</b></p>	<p>The curriculum is organised in a “spiral” structure so that students’ prior knowledge is constantly being built upon in an age-appropriate way as they return to topics every year and extend their knowledge and understanding along the way. We use information from both the “SHEU” and “Risk Avert” surveys to inform the areas of priority for our students.</p> <p><b>Key Stage 3:</b> Individual topics are taught and assessed by PSHCE subject teachers. There is a Curriculum Overview which allocates certain topics per half term, but subject teachers may choose to deviate from this if they feel a student is in urgent need of any particular curriculum content e.g. RSE, Drugs Education, CSE education, etc. Students complete a “pre-topic quiz” at the beginning of each topic, which they add to as they learn, to show progress. This progress is recorded against the PSHE Association Programme of Study statements for Key Stage 3.</p> <p><b>Key Stage 4:</b> In Year 10 we aim for students to complete one or both of the NCFE units during the course of the year: Sexual Health Awareness (Level 1) Equality &amp; Diversity (Level 2) Other topics are assessed informally but do not result in a qualification.</p> <p>In Year 11 we aim for students to achieve a Prince’s Trust Award (Entry Level 3, Level 1, Level 2) incorporating the “Career Planning” and “Money Management” units. Students complete a “pre-topic quiz” at the beginning of each topic, which they add to as they learn, to show progress. This progress is recorded against the PSHE Association Programme of Study statements for Key Stage 4. Other topics are assessed informally but do not result in a qualification.</p>

<p><b>Impact</b></p>	<p>In Key Stage 3, the emphasis is on equipping students with the knowledge, skills and understanding to <b>make safe choices in order to “live life well”</b>.</p> <p>In Key Stage 4, the aim is to <b>ascertain and build on their prior knowledge</b> from Key Stage 3, develop and extend it. There is a strong focus on <b>preparing students for their next steps (post-16), and on developing employability skills</b>, but students also have plenty of <b>Health and Wellbeing</b> input, as well as age-appropriate <b>Relationships and Sex Education</b>.</p>
<p><b>Accreditations</b></p>	<p>NCFE (CACHE) Awards: Sexual Health Awareness Level 1 / Equality &amp; Diversity Level 2 Prince’s Trust Award – Entry Level, Level 1 or Level 2</p>
<p><b>Enrichment opportunities</b></p>	<p>We try to involve as many outside agencies as is relevant and appropriate, including:</p> <ul style="list-style-type: none"> <li>• School Nurse – general healthy lifestyles advice</li> <li>• Children’s Society (EYPDAS) – drugs awareness and support, risky behaviours</li> <li>• Claire Bridger (Health Outreach Worker, Basildon Council)</li> <li>• PC Esther Howitt (Weapons Awareness)</li> <li>• YOT (Youth Offending Team)</li> <li>• Essex County Council Road Safety Roadshow</li> <li>• Employer presentations e.g. Fire Service, Army, local employers</li> <li>• College Taster Days and visits to and from the colleges</li> <li>• Connexions</li> <li>• DWP Careers Mentoring</li> <li>• Career Ready</li> <li>• Workplace visits</li> <li>• Apprenticeship support</li> <li>• Show Racism the Red Card</li> </ul>
<p><b>Safeguarding</b></p>	<p>Safeguarding runs through every aspect of PSHCE education. Subject staff are aware that the nature of our curriculum content can be conducive to students making disclosures or sharing concerns, and so are alert to this at all times, as well as ensuring that we bear in mind how some topics can be sensitive to certain students.</p> <p>We are constantly aiming to equip students with the knowledge and skills that will enable them to handle situations they may encounter in real life where they could be faced with unsafe choices, such as in the areas of online safety, radicalisation and extremism, sexual harm, consent, CSE and in peer on peer relationships.</p> <p>We ensure that as part of learning in PSHCE, students are aware of sources of support that they can access if they feel that they or others are at risk or in danger.</p>
<p><b>Focus on Reading</b></p>	<p>We encourage reading as a regular feature of PSHCE lessons in both Key Stage 3 and 4. This may involve students reading a passage or article aloud or taking turns to read aloud with other members of the class, and / or the members of staff in the lesson. Staff may read aloud to model tone and pace to students. At times we use reading comprehension tasks which students either respond to verbally or in writing. Key words are displayed in classrooms to aid memory and spelling.</p>