

Your PSHCE Learning Journey  
starts here...



# Key Stage 4 Core Themes:

## Health & Wellbeing



## Living in the Wider World



## Relationships



# Key Stage 3 Core Themes:

HEALTH  
& WELLBEING

RELATIONSHIPS  
& SEX EDUCATION

RIGHTS,  
RESPONSIBILITIES  
& BRITISH VALUES

STAYING SAFE  
ONLINE  
& OFFLINE

LIFE  
BEYOND  
SCHOOL

CELEBRATING  
DIVERSITY  
& EQUALITY



Managing Change

Celebrating Differences

Staying safe online & offline

Puberty and body development

Friendships, respect and boundaries

Careers

# 8

Proud to be me

Physical health & mental wellbeing

Dangerous society – online & offline

LGBTQA+ explored

Law, crime & society

Identity, relationships & sex

# 9

Essential life skills

Body confidence

Sex, the law & consent

Legal & illegal drugs

Contraception & STIs

Combatting extremism & terrorism

# 10

Exploring influence, drugs & gangs

Healthy relationships

Mental health & emotional wellbeing

Addressing radicalisation & extremism

Families

Preparing for the world of work

11

Career planning

Building for the future

Financial decision making

Communication in relationships

Independence









